



Ripples St Marys Swimming Club

Short Course Qualifying Meet

Saturday 8th July 2023

Sydney Olympic Park Aquatic Centre

Warm Up: 8am

Start Time: 9am

| M | F | AGE | DIST | STROKE |
|-------------------|----|----------|------|--------|
| 1 | 2 | Open | 400m | Free |
| 3 | 4 | 12/Under | 50m | Fly |
| 5 | 6 | 13/Over | 50m | Fly |
| 7 | 8 | 12/Under | 100m | Breast |
| 9 | 10 | 13/Over | 100m | Breast |
| 11 | 12 | 12/Under | 100m | I.M. |
| 13 | 14 | Open | 200 | Back |
| 15 | 16 | 12/Under | 50m | Free |
| 17 | 18 | 13/Over | 50m | Free |
| 19 | 20 | 12/Under | 100m | Back |
| 21 | 22 | 13/Over | 100m | Back |
| 23 | 24 | Open | 200m | I.M. |
| ***Lunch Break*** | | | | |
| 25 | 26 | Open | 400m | I.M. |
| 27 | 28 | 12/Under | 50m | Breast |
| 29 | 30 | 13/Over | 50m | Breast |
| 31 | 32 | Open | 200m | Free |
| 33 | 34 | 13/Over | 100m | I.M. |
| 35 | 36 | 12/Under | 100m | Fly |
| 37 | 38 | 13/Over | 100m | Fly |
| 39 | 40 | Open | 200m | Breast |
| 41 | 42 | 12/Under | 50m | Back |
| 43 | 44 | 13/Over | 50m | Back |
| 45 | 46 | 12/Under | 100m | Free |
| 47 | 48 | 13/Over | 100m | Free |
| 49 | 50 | Open | 200m | Fly |

CONDITIONS OF ENTRY

1. Meet conducted under the rules of SNSW Ltd and is an Area approved/conducted Meet
2. All Events are Timed Finals
3. Entries to be Submitted via SwimCentral
4. Please select events carefully as a **NO REFUND** policy applies
5. Entry Fees \$10.00 per individual event
6. Entries Close: 30th June 2023 at 11:59pm unless timeline of 5pm is met earlier
7. Age as at 8th July 2023
8. Self-Marshalling – Heats fastest to slowest
9. Programs will be available online by Wednesday 5th July 2023.
10. All Clubs may be called on to assist with Timekeeping. A Time Keeping roster will be published after entries close.
11. Parking: 4 hours free parking – tickets at SOPAC front desk
12. Medals will be awarded as follows:
 - 50m events – 8/U, 9, 10, 11, 12, 13, 14, 15/O
 - 100m events – 10/U, 11, 12, 13, 14, 15/O
 - Open Events – One set of medals awarded to 1st, 2nd & 3rd place only
13. The Meet Director reserves the right to amend the program & conditions of entry.
14. All enquiries to:
Charmaine Auld – Carnival Registrar
Email: Ripples_Racesec@outlook.com

Event Qualifying Times - BOYS

| | | 8/Under | 9 | 10 | 11/12 | 13/14 | 15/Over |
|--------|------|--------------|---------|---------|---------|---------|---------|
| Free | 50m | 1:15.00 | 1:10.00 | 1:05.00 | 1:00.00 | 50.00 | 40.00 |
| | 100m | 10/U 2:00.00 | | | 1:50:00 | 1:40.00 | 1:30.00 |
| Back | 50m | 1:30.00 | 1:20.00 | 1:15.00 | 1:10.00 | 1:00.00 | 55.00 |
| | 100m | 10/U 2:10.00 | | | 1:55.00 | 1:50.00 | 1:35.00 |
| Breast | 50m | 1:30.00 | 1:25.00 | 1:20.00 | 1:15.00 | 1:05.00 | 55.00 |
| | 100m | 10/U 2:20.00 | | | 2:05.00 | 1:55.00 | 1:50.00 |
| Fly | 50m | 1:20.00 | 1:15.00 | 1:15.00 | 1:10.00 | 1:00.00 | 55.00 |
| | 100m | 10/U 2:10.00 | | | 1:55.00 | 1:45.00 | 1:40.00 |
| I.M. | 100m | 10/U 2:10.00 | | | 2:00.00 | 1:45.00 | 1:30.00 |

Open Events - BOYS

| | | |
|------|--------|---------|
| 400m | Free | 5:30.00 |
| 400m | I.M. | 5:55.00 |
| | | |
| 200m | Free | 2:50.00 |
| 200m | Back | 3:10.00 |
| 200m | Breast | 3:25.00 |
| 200m | Fly | 3:15.00 |
| 200m | I.M. | 3:30.00 |

Event Qualifying Times - GIRLS

| | | 8/Under | 9 | 10 | 11/12 | 13/14 | 15/Over |
|--------|------|--------------|---------|---------|---------|---------|---------|
| Free | 50m | 1:15.00 | 1:10.00 | 1:05.00 | 1:00.00 | 55.00 | 45.00 |
| | 100m | 10/U 2:00.00 | | | 1:50:00 | 1:45.00 | 1:35.00 |
| Back | 50m | 1:30.00 | 1:20.00 | 1:15.00 | 1:10.00 | 1:05.00 | 1:00.00 |
| | 100m | 10/U 2:10.00 | | | 1:55.00 | 1:50.00 | 1:40.00 |
| Breast | 50m | 1:30.00 | 1:25.00 | 1:20.00 | 1:15.00 | 1:10.00 | 1:00.00 |
| | 100m | 10/U 2:20.00 | | | 2:05.00 | 2:00.00 | 1:55.00 |
| Fly | 50m | 1:20.00 | 1:15.00 | 1:15.00 | 1:10.00 | 1:05.00 | 1:00.00 |
| | 100m | 10/U 2:10.00 | | | 1:55.00 | 1:50.00 | 1:45.00 |
| I.M. | 100m | 10/U 2:10.00 | | | 2:00.00 | 1:45.00 | 1:30.00 |

Open Events - GIRLS

| | | |
|------|--------|---------|
| 400m | Free | 5:30.00 |
| 400m | I.M. | 5:55.00 |
| | | |
| 200m | Free | 2:50.00 |
| 200m | Back | 3:10.00 |
| 200m | Breast | 3:25.00 |
| 200m | Fly | 3:15.00 |
| 200m | I.M. | 3:30.00 |