

**Short Course Qualifying Meet
Sunday 23 July 2023
Sydney Olympic Park Aquatic Centre**

Warm Up: 8:00am

Start: 9:00am

OPEN MEET PROGRAM						
M	F	Age	Dist.	Stroke	Male QT	Female QT
1	2	Open	400	Free	5.15	5.20
3	4	Open	200	I.M.	2.55	3.00
5	6	12&O	50	Back	N/A	N/A
7	8	Open	200	Fly	2.55	3.00
9	10	Open	100	Breast	1.35	1.40
11	12	Open	100	Free	1.15	1.20
13	14	12&O	50	Fly	N/A	N/A
15	16	Open	200	Back	2.55	3.00
Lunch Break						
17	18	Open	400	I.M.	5.40	5.50
19	20	Open	200	Free	2.35	2.40
21	22	12&O	50	Breast	N/A	N/A
23	24	Open	100	Fly	1.25	1.30
25	26	12&O	50	Free	N/A	N/A
27	28	Open	200	Breast	3.15	3.20
29	30	Open	100	Back	1.25	1.30

12 & UNDER MEET PROGRAM					
M	F	Age	Dist.	Stroke	QT
31	32	12 & U	200	I.M.	3.20
33	34	12 & U	100	Free	1.30
35	36	10 & U	50	Breast	N/A
37	38	11 & 12	50	Breast	N/A
39	40	12 & U	100	Fly	1.45
41	42	10 & U	50	Free	N/A
43	44	11 & 12	50	Free	N/A
45	46	12 & U	100	Back	1.40
Lunch Break					
47	48	12 & U	200	Free	3.00
49	50	12 & U	100	I.M.	1.50
51	52	10 & U	50	Fly	N/A
53	54	11 & 12	50	Fly	N/A
55	56	12 & U	100	Breast	1.55
57	58	10 & U	50	Back	N/A
59	60	11 & 12	50	Back	N/A

CONDITIONS OF ENTRY

1. Meet is conducted under the rules of SNSW and is Area approved.
2. The Meet Director reserves the right to amend the program and conditions of entry.
3. All events are timed finals.
4. Entries limited to 3000 across both pools or for timeline to finish at 3:00pm.
5. **Entries close: Friday 14 July 2023 (unless entry limit reached prior).**
6. Online entries only via swim central <https://swimcentral.swimming.org.au/>
7. Entry fees: \$10.00 per individual event.
8. A no refund policy applies to this meet as per SNSW event entry refund guidelines.
9. **Age as at 23 July 2023.**
10. All Adults, Swimmers and Children will receive pool entry free.
11. Meet program will be available online
12. In events 1-30. Medals will be awarded to 1st, 2nd and 3rd place getters in the following age groups:
 - a. 13&U, 14-15, and 16&O, except for events 1, 2, 17 and 18 which will be 14&U, and 15&O.
13. In open events of 200m and 400m the fastest overall time will be awarded a cash prize.
14. In events 31-60. Medals will be awarded to 1st, 2nd and 3rd place getters in the following age groups:
 - a. 50m events 8&U, 9, 10, 11 and 12 years
 - b. 100m events 9&U, 10, 11, and 12 years
 - c. 200m events 10&U, 11, and 12 years
15. Multiclass entries not meeting qualifying times for 100m events can be reviewed for manual entry.
16. Assisted self-marshalling will be adopted with heats swimming fastest to slowest.
17. Once entries are closed requests to fill vacant lanes will be reviewed.
18. Visiting clubs may be required to assist in timekeeping
19. Enquiries via email to Mathew O'Donohue: racesec.aquablitz@gmail.com

**NOTE: Two programs operating simultaneously in two pools. Events 1-30 and Events 31-60.
NOTE: Swimmers may only enter Open (Events 1-30) or 12&U (Events 31-60) but not both.**